STEPPIN'OUT DANCE ACADEMY SUMMER DANCE 52 Church Street, Kingston NH www.steppinoutdanceacademy.com *Registration Opens February 1st

SUMMER DANCE 5 WEEK SESSIONS (July 7th - August 7th)

Ages 18 Months - 3 Years/ Parent & Me

In this class parents will participate with the students. Come make new friends and bond with your child in this creative movement based dance class. Class is a combination of rhythms, dancing, singing, and motor skills, for children 18 months - 3 years of age! -Thursdays, 4:45pm - 5:15pm (Instructor: Darice - studio A)

Ages 3&4 Ballet & Tap

This class is a mix of creative movement, ballet, & tap for students ages 3&4. Students will sing, dance, play rhythm games, and complete obstacle courses. No dance experience necessary.

-Thursdays, 4:00pm - 4:30pm (Instructor: Darice - studio A)

Ages 4-6 Ballet & Tap

This class is a mix of creative movement, ballet, & tap for students ages 4-6. Students will sing, dance, play rhythm games, and complete obstacle courses. No dance experience necessary.

-Tuesdays, 3:45pm - 4:30pm (instructor: Kim - studio A)

Ages 6 & Up Cheer Dance & Pom

Come join us for this high energy cheer/Pom Class! Students will learn the basics of cheer dance and pom. They will cheer, dance, jump, kick, and learn some basic tumbling. Students should wear indoor sneakers or cheer shoes.

-<u>Thursday, 5:30pm - 6:30pm</u> (Instructor: Jess Hudgins - studio A)

Ages 7-9 Ballet, Tap, & Jazz

This class is a mix of ballet, tap, & jazz for students ages 7-9. Students will learn basic ballet, tap, & jazz technique. They will also work on choreography, rhythm, balance, & coordination. No dance experience necessary.

-Wednesdays, 4:00pm - 5:00pm (Instructor: Rose - studio B)

Ages 6 & Up Acro/Tumbling

This class combines dance technique with acrobatic elements/tumbling. Students will work on flexibility, strength, balance, and conditioning exercises, mixed with gymnastic elements. Combining acro with dance helps create strong & versatile dancers.

-Wednesdays, 5:15pm - 6:15pm (Instructor: Hattie - Studio B)

Adult Tap (Beginner/Intermediate)

No tap experience necessary! Come learn the basics, brush up on your basics, work on your technique, and have fun making music with your feet!

-Mondays, 6:00pm - 7:00pm (Instructor: Darice - studio A)

SUMMER FITNESS 4 WEEK SESSIONS (June 4th - June 30th)

Fly Gym

Come fly with us! This exercise class will take you off the ground with a combination of strengthening, stretching, and circus skills! No experience necessary! Class is limited to 9 students, so be sure to sign up as soon as registration opens! Due to our limited enrollment we are not able to offer refunds for this class. If students miss class they may attend a Zumba class or Gentle Stretch class as a make up.

-Mondays, 6:30pm - 7:30pm (June 9th - June 30th)

*Instructor: Kim

Cost: \$80 for 4 week sesson/ \$25 walk in (if swings are available)

Zumba!

Come shake, shimmy, and sweat in this high energy, dance inspired fitness class! The class is a mix of low intensity and high intensity moves, that include cardio, muscle toning, balance, and flexibility. Come join the party! No experience is necessary!

-Wednesdays, 7:30pm - 8:30pm (June 4th - June 25th)

*Instructor: Sandy

Cost: *SPECIAL DEAL! \$32 for 4 week session/ \$9 walk in

Gentle Stretch

Come relax, restore, and rejuvenate! Soft music, dim lighting, essential oils, gentle stretching, & breathing exercises will help melt your stress away. This class is low impact, and will help to improve your flexibility, mobility, and joint health. No experience is necessary! -Thursdays, 6:30pm - 7:30pm (June 5th - June 26th)

*Instructor: Kim

Cost: \$40 for 4 week session/ \$12 walk in

JUNE POP UP CLASSES!

This summer SODA is offering Pop Up classes in June. These classes are a great way for students to try something new, challenge themselves, or learn from a new instructor! All of our Pop Up classes are just 1 day, so they do not require a long term commitment, and are verv affordable!

Prince/Princess Dance Party - \$15

Come join us for dancing, games, and lots of fun in this princess themed dance class! This class is open to all levels, and students are encouraged to dress as their favorite prince or princess. Students may wear ballet shoes, jazz shoes, or indoor only sneakers. Come join us for a magical time! (Darice) -Ages 3-6 - Monday, June 16th, 4:00pm - 5:00pm

Dream House Pink Party! - \$15

Come on dancers, let's go party! Get your sparkle on in this high energy dance class. Dancers will dance, hula hoop, and play games at this pinktastic dance party! Students are encouraged to wear something sparkly and/or pink, and bring their favorite doll. Come get your sparkle on! (Kim) -Ages 5-9 - Monday, June 23rd, 5:00pm - 6:00pm

Cheer Dance & Pom Workshop - \$20

Come join us for this high energy cheer dance workshop. Students will learn the basics of cheer dance and pom. They will cheer, dance, jump, kick, and learn some basic tumbling. Students should wear indoor sneakers or cheer shoes. Instructor: Jess Hudgins -Ages 6-11 - Tuesday, June 24th, 5:00pm - 6:30pm

DANCE COMPANY AUDITION PREP

Junior 1 & Junior 2 Audition Prep (Monday, June 9th, 4:00pm - 5:30pm) Cost: \$20 Looking to elevate your skills and prepare for that big audition? Students will work on jumps, tricks, turns, and will receive pointers on how to make a big impression at any audition.

Senior 1, Senior 2, & Elite Audition Prep (Monday, June 9th, 5:30pm - 7:30pm) Cost: \$20 Looking to elevate your skills and prepare for that big audition? Students will work on jumps, tricks, turns, and will receive pointers on how to make a big impression at any audition.

SUMMER COMPANY & TEAM 5 WEEK SESSION (July 7th - August 7th) New students interested in auditioning for dance company or dance team can call for summer placement. All company & team students are required to participate in the 5 week summer session. Students should sign up for their current (2024-2025 season) level, unless a different level is recommended by an instructor. Many of our company classes will have alternating instructors. *If you have to miss due to vacations, please message us to schedule make up classes.

Mini-Company Ballet & Tap	Thursdays, 4:30pm - 5:30pm	Studio A
Jazz Hop Team	Thursdays, 5:45pm - 6:30pm	Studio B
Junior 1 Tap	Mondays, 4:00pm - 4:45pm	Studio A
Junior 1 Ballet	Mondays, 5:00pm - 6:00pm	Studio A
Junior 1 Lyrical/Jazz	Tuesdays, 5:45pm - 6:45pm	Studio A
Junior 2 Lyrical/Jazz/Hip Hop	Tuesdays, 4:30pm - 5:45pm	Studio A
Junior 2 Ballet	Wednesdays, 4:00pm - 5:15pm	Studio A
Junior 2 Tap	Wednesdays, 5:30pm - 6:15pm	Studio A
Dance Team Jazz/Lyrical	Wednesdays, 7:15pm - 8:45pm	Studio B
Senior 1 Ballet	Mondays, 7:15pm - 8:45pm	Studio A
Senior 1 Lyrical /Jazz/MT	Tuesdays, 6:30pm - 7:45pm	Studio B
Senior 1 Tap	Tuesdays, 7:45pm - 8:45pm	Studio B
Senior 2/Elite jazz/Lyrical/MT	Mondays, 6:00pm - 7:15pm	Studio B
Senior2/Elite Ballet	Wednesdays, 6:30pm - 8:00pm	Studio A
Senior 2/Elite Tap	Mondays, 5:00pm - 6:00pm	Studio B
Pre-Pointe /Pointe	Thursdays, 6:30pm - 8:00pm	Studio D
Acro Company	Wednesdays, 6:15pm - 7:15pm	Studio B

***NEW THIS SUMMER - COMPANY AUDITIONS**

All new students, and current students interested in moving up a level, are required to come to one of our summer audition dates. *Please attend the audition for the level you would like to move up to. *We will be having an audition prep class in June that is open to all students.

Junior 1 & Junior 2 Auditions: Wed, June 18th OR Wed, August 13th - 4:45pm - 6:30pm Senior 1/ Senior 2/Elite Auditions: Wed, June 18th OR Wed, August 13th - 6:45pm - 8:30pm *Students auditioning for elite must stay after 8:30pm to perform a self choreographed solo (under 1.5 minutes). A list of skills that must be included in solo will be posted by June 1st.

SUMMER TUITION

Below are the prices for 5 week sessions. All summer classes (with the exception of aerial sling) are eligible for mult-class discounts, as well as unlimited student plans. Families must be up to date on their dance account before registering for summer classes. Summer tuition must be paid in full at time of registration. ***Pop Up classes & Zumba are priced seperately *There is no registration fee for summer classes**

Dance Tuition

30 Minute Class - \$67/ 5 week session 45 Minute Class - \$75 / 5 week session 1 Hour Class - \$87 / 5 week session 1.25 Hour Class - \$93 / 5 week session

1.5 Hour Class - \$99 / 5 week session

Multi-Class Family Discounts (Aerial Sling, Fly Gym, & session classes are not included in multi-class discounts)

**Zumba IS included in multi-class discounts.

- 2 classes per family 5% discount
- 3-4 classes per family 10% discount
- 5-7 classes per family 15% discount
- 8 or more classes per family 20% discount
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Unlimited Student Plan: \$437/ 5 week session (does not include Aerial/Sling or Fly Gym) **Unlimited Family Plan:** \$600/ 5 week session (does not include Aerial/Sling or Fly Gym)

**Zumba IS included in unlimited plans

*Register online through our website @www.steppinoutdanceacademy.com

Questions? Email: <u>steppinoutdanceacademy@yahoo.com</u> Call: 603-642-7711

Happy Dancing!